纹状体星形胶质细胞EAATs介导的帕金森病 运动防治研究进展

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摘要 帕金森病(parkinson's disease, PD)是第二大神经退行性疾病,主要发生于中老年人。 中脑黑质致密部(substantia nigra pars compacta, SNpc)多巴胺(dopamine, DA)能神经元的变性丢失 导致向基底神经节(basal ganglia, BG)纹状体释放的DA大量减少,致使与PD进展有关的纹状体内 谷氨酸(glutamate, Glu)能信号过度传导,而纹状体星形胶质细胞上的兴奋性氨基酸转运蛋白(excitatory amino acid transporters, EAATs)可以调节Glu的清除,因此成为治疗PD的一个潜在靶点。运动 干预作为PD的一种辅助治疗手段,能够有效缓解PD相关的行为功能障碍,其机制可能是通过调节 纹状体星形胶质细胞EAATs表达水平来介导的。该文从纹状体星形胶质细胞EAATs入手,对它在 PD神经退行性病变及PD运动防治中的作用等方面的研究进行综述,以期为运动干预缓解PD相关 行为功能障碍的神经生物学机制的研究以及靶向干预提供必要的理论依据和新的思路。

关键词 运动防治; 帕金森病; EAATs

Progress of Exercise in Prevention and Treatment of Parkinson's Disease through Striatal Astrocyte EAATs

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Abstract PD (Parkinson's disease) is the second most common neurodegenerative disease and occurs mainly in middle-aged and elderly people. Degeneration and loss of dopaminergic neurons in the SNpc (substantia nigra pars compacta) of the midbrain leads to a large reduction in DA (dopamine) release to the BG (basal ganglia) striatum, resulting in excessive Glu (glutamate) energy signal transduction in the striatum associated with PD progression, while EAATs (excitatory amino acid transporters) on striatal astrocytes can regulate Glu clearance and therefore become a potential target for the treatment of PD. Exercise intervention, as an adjunct to PD, can effectively alleviate PD-related behavioral dysfunction, and the mechanism may be mediated by regulating EAATs expression levels in striatal astrocytes. This article reviews the research on the role of striatal astrocyte EAATs in PD neurodegeneration and exercise prevention and treatment of PD, in order to provide necessary theoretical basis and new ideas for the study of neurobiological mechanism of exercise intervention in relieving PD-related behavioral dysfunction and targeted intervention.

Keywords exercise intervention; Parkinson's disease; EAATs

帕金森病(Parkinson's disease, PD)是一种复杂的多系统神经退行性疾病,在60岁以上的老年人中占比约为1%^[1]。根据2016年全球疾病负担(global

burden of disease, GBD)数据库的分析结果, 1990年 至2016年间全球PD的疾病负担已增加一倍多, 且中 国PD患病率的增幅在全世界中最大^[2]。由于人口

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老龄化等因素的影响,据预测,到2030年,中国的PD 患者人数将增加到世界PD患者人数的一半以上^[3]。 PD的病理特征是中脑黑质致密部(substantia nigra pars compacta, SNpc)多巴胺(dopamine, DA)能神经 元的变性和死亡,以及DA含量的显著减少诱发大量 的运动障碍(如四肢无力、僵硬、肌动过速和姿势 不稳)^[4-7]。PD的发病机制尚不明确,大部分学者认为, 黑质 DA能神经元变性、坏死导致基底神经节(basal ganglia, BG)纹状体神经递质DA大量减少,致使皮 层-BG-丘脑-皮层环路传导异常,是PD运动功能障 碍出现的主要原因^[8-9]。在生理状态下,来自SNpc的 DA能神经元投射到纹状体, 其释放的DA通过与纹 状体中等多棘神经元(medium spiny neurons, MSNs) 上的DA I型受体(dopamine I type receptor, D₁R)和 DA II型受体(dopamine II type receptor, D₂R)相结合, 分别作用于直接和间接通路。作用于这两条通路的 DA抑制苍白球内侧部(globus pallidus internus, GPi) 和黑质网状部(reticular part of substantia nigra, SNr) (GPi/SNr)复合体的电活动,从而使接受大脑底部 BG投射的靶核团去抑制,引起运动效应。在PD中, SNpc DA能神经元退化,导致向纹状体释放的DA水 平降低,造成纹状体向GPi/SNr复合体释放的γ-氨基 丁酸(γ-aminobutyric acid, GABA)能减少, 向苍白球 外侧部(globus pallidum external segment, GPe)释放 的GABA能增加。总的结果是维持运动的直接通路 活性减弱,而抑制多余动作的间接通路活性增强,造 成震颤、肌强直,并且难以控制其运动,最终引起运 动迟缓和步态异常等PD相关行为功能障碍。目前 认为, PD发病与环境因素、氧化应激、遗传因素、 老龄化、蛋白质稳态失衡及代谢稳态失衡等多因素 相关;由于其致病机理仍不清楚,因此缺乏对因治 疗的有效药物。药物治疗(L-多巴)和脑深部电刺激 (deep brain stimulation, DBS)是目前PD治疗的主要 手段,可以有效地改善肢体震颤等运动症状,但无法 阻止PD的进展。因此,寻找能够延缓PD进程或预防 PD发生的有效方法是目前研究所关注的热点问题。

谷氨酸(glutamate, Glu)是大脑中枢神经系统(central nervous system, CNS)中主要的兴奋性神经递质,在 正常BG功能的破坏中起着关键作用^[10-11]。在PD状态 下,黑质--纹状体DA的减少致使皮层--纹状体Glu通路 过度激活,突触前膜释放过多的Glu或Glu的再摄取 功能受损,导致突触间隙Glu浓度增加^[12-13]。细胞外 Glu水平过高触发神经元损伤或死亡,这一过程被称 为Glu兴奋毒性作用^[14-15]。因此,清除细胞外高浓度 的Glu可以达到降低Glu兴奋毒性作用的目标。降低 Glu兴奋毒性作用也可以通过调节纹状体星形胶质细 胞上的兴奋性氨基酸转运蛋白(excitatory amino acid transporters, EAATs)的表达水平来实现[16-17]。身体活 动作为PD治疗的一种辅助手段,对其预防和治疗起着 积极的作用。流行病学研究和临床观察表明,经常持 续规律地参加体力活动可以降低PD的发病风险,改 善PD相关行为功能障碍[18-19]。动物实验结果证实,运 动干预可以显著改善PD相关行为/运动功能障碍^[20-24]。 该文从纹状体星形胶质细胞EAATs入手,对其在PD神 经退行性病变及PD运动防治中的作用等方面的研究 进行综述,以期为运动干预缓解PD相关行为功能障碍 的神经生物学机制的研究以及靶向干预提供必要的 理论依据和新的思路。

1 纹状体星形胶质细胞

星形胶质细胞是CNS中一种常见的神经胶质 细胞,体积大且数量多,在与神经代谢、神经活动调 节、突触生成因子产生、胶质细胞界膜控制以及血 脑屏障控制等相关的神经发育和内稳态方面发挥着 重要作用^[25-26]。这些神经内稳态机制对于维持正常 的CNS生理功能十分重要,内稳态异常会导致神经 系统疾病的发生,而且在疾病状态下,星形胶质细胞 具有促进CNS病理进程的功能^[27-28]。

纹状体是BG最大的核团,是一组可参与运动和 行动以及产生多种神经精神状况的皮质下核团^[29]。 NAGARAJAN等^[30]使用显微镜观察到纹状体星形胶 质细胞是由胞体、从胞体发出的6个左右初级分支、 多个二级和三级分支、一个或多个足突末端的水通 道蛋白-4(aquaporin-4, AQP4)以及无数的小枝和小叶 组成。包含的这些小枝和小叶是CNS中健康星形胶 质细胞的重要特征^[31]。纹状体最主要的投射神经元 是表达D₁R和D₂R的MSNs。MARTIN等^[32]研究表明, 背侧纹状体中的星形胶质细胞与D₁-MSNs和D₂-MSNs 相互作用,星形胶质细胞亚群以回路特异性方式运 作。纹状体中的星形胶质细胞已成为突触生理学的 主动调节因子,应对不同神经递质,星形胶质细胞会 经历细胞内Ca²⁺的波动,从而感知和整合突触活动^[33], 星形胶质细胞释放调节神经元兴奋性、突触可塑性 和突触传递(Glu能和GABA能)的胶质递质(包括D-丝

氨酸、Glu或ATP/腺苷);在病理状态下,D-丝氨酸增加, 加上细胞外Glu水平升高,可能导致神经元兴奋毒性 和死亡[34]。星形胶质细胞也表达不同的膜受体,包括 Glu、GABA和内源性大麻素受体,当它们的激动剂 参与突触信号传递时,这些受体可以直接激活星形胶 质细胞,这种激活可以反过来介导递质释放的逆向调 节,控制神经元兴奋性,并调节或介导不同大脑区域 的突触可塑性^[35]。纹状体星形胶质细胞还可对G蛋白 偶联受体(G protein coupled receptors, GPCPs)的超家族 成员代谢型Glu受体(metabotropic glutamate receptors, mGluRs)(mGluR1/5)的激活产生反应,致使细胞内Ca2+ 水平升高从而激活催化酶,导致细胞内产生毒性自由 基,损害细胞能量的产生,最终可能导致细胞死亡^[36]。 目前研究发现,包括PD在内的多种神经和精神疾病 涉及纹状体功能障碍[37-39]。这些纹状体功能障碍均与 纹状体中的星形胶质细胞有关[30,40],它们构成了大脑 免疫应答的一部分。

2 纹状体星形胶质细胞EAATs

当兴奋性神经传递异常时,细胞外Glu水平升高 可引起细胞损伤[41-42]。然而,由于缺乏胞外酶,突触 的Glu摄取主要通过位于神经元和神经胶质质膜的 EAATs实现^[17]。已发现5种不同的EAATs,这些转运蛋 白的氨基酸序列同源性为50%~60%^[43]。EAATs具有8 种跨膜结构,且具有羧酸末端和氨基末端^[44]。EAATs 最有可能以三聚物形式存在^[45-46]。特异性EAAT谷 氨酸天冬氨酸转运体(glutamateaspartate transporter, GLAST)也被称为兴奋性氨基酸转运体1(excitatory amino acid transporter 1, EAAT1)^[47-48], EAAT谷氨酸转 运体1(glutamate transporter-1, GLT-1)也被称为兴奋 性氨基酸转运体2(excitatory amino acid transporter 2, EAAT2)。研究表明, GLAST在新生大鼠海马的细胞 中高表达^[49-50]。GLAST是一种膜结合转运体,转运突 触间隙的Glu以及3个Na⁺、1个H⁺以及1个K⁺,从而介 导细胞对Glu的再摄取^[51]。尽管GLT-1被认为是清除 突触间隙中过量Glu的主要转运蛋白亚型,但GLAST 在预防兴奋毒性神经元损伤中也发挥着关键作用。 大约90%的Glu转运由EAAT2介导,这些转运蛋白与 每个谷氨酸盐(或天冬酰胺酶)分子协同转运2~3个 Na⁺和1个质子,并协同逆向转运1个K^{+[52]}。GLT-1和 GLAST主要存在于星形胶质细胞中^[53-54]。星形胶质 细胞通过高亲和力EAAT1和EAAT2从突触间隙清除 细胞外高浓度的Glu, EAAT2对Glu稳态、突触可塑性 和神经元存活起着关键作用[55-56]。在许多其他细胞 (如少突胶质细胞和巨噬细胞)中也发现了这些转运 蛋白^[57-58]。每个EAAT都有特定的表达模式, EAATs的 一些功能特征可归因于其不同的时空定位^[59]。GLT-1 不仅在星形胶质细胞中表达;其剪接变体GLT-1a也在 海马神经元的轴突中表达,这可能会显著促进Glu被 摄取进入轴突末端^[60-62]。EAAT家族的两个成员兴奋 性氨基酸转运体3(excitatory amino acid transporter 3, EAAT3)和兴奋性氨基酸转运体4(excitatory amino acid transporter 4, EAAT4)是神经元转运体[53]; 然而, 在许多 神经元中,它们似乎位于突触后膜上,表明它们不像 单胺转运蛋白那样参与递送循环^[63-64]。已证明EAAT3 在海马和皮质锥体神经元以及GABA能神经元^[53]、少 突胶质细胞^[65]和其他Glu神经元中表达。EAAT3还介 导神经元中半胱氨酸(cysteine, Cys)的转运^[66], 为谷胱 甘肽(glutathione, GSH)的合成提供Cys底物。EAAT4 是高亲和力Na/K依赖性Glu转运蛋白家族的成员,主 要在小脑GABA能浦肯野细胞中表达^[67]。兴奋性氨基 酸转运体 5(excitatory amino acid transporter 5, EAAT5) 的表达局限于视网膜视杆细胞光感受器和双极细胞 中[68](图1)。

综上所述,这些发现有助于阐明EAATs的生理 功能以及星形胶质细胞EAAT1和EAAT2对调节细胞 外Glu浓度的重要作用。

3 纹状体星形胶质细胞EAATs与PD

研究表明, PD与线粒体功能障碍^[70]、氧化应 激^[71]、免疫功能异常^[72]、Glu兴奋毒性作用^[73]等因 素有关。目前,尚无安全有效的预防Glu兴奋毒性 的药物。研究发现,与健康受试者相比, PD患者血 小板中的Glu摄取量减少了50%^[74]。因此,预防Glu 兴奋毒性作用的一种潜在方法是增强Glu再摄取。

胶质Glu转运体EAAT1和EAAT2主要存在于与 兴奋性突触接触密切相关的星形胶质细胞中,负责 维持低水平的细胞外Glu。在PD患者中,EAAT2功 能异常可能导致兴奋毒性,上调EAAT2表达水平会 立即降低细胞外Glu的水平,以防止神经元损伤^[75]。 SINGH等^[76]研究发现,乙酰左旋肉碱可以减少ROS 的积累量,上调EAAT2表达水平,从而达到保护DA 能神经元的目的。而有证据表明头孢曲松可以上 调EAAT2表达水平,降低细胞外Glu含量从而保护



图1 EAATs蛋白亚型的分布及EAAT1和EAAT2参与Glu摄取的途径(根据参考文献[69]修改) Fig.1 Distribution of EAATs protein isoforms and pathways involved in Glu uptake by EAAT1 and EAAT2 (modified from the reference [69])

DA能神经元^[77]。此外, WEI等^[78]研究证明, Wnt信 号通路通过调节星形胶质细胞EAAT2表达水平介 导了星形胶质细胞对DA能神经元细胞的保护作 用。ZHOU等^[79]研究发现,人参皂苷可通过NF-кB 通路上调EAAT2蛋白表达水平, EAAT2蛋白表达 水平上调可降低Glu兴奋毒性作用,达到防治PD的 目的。这些研究表明, Wnt信号通路和NF-κB通路 之间的交互对话参与了EAAT2表达的调控。因此, 调节EAAT2表达水平可能是预防神经兴奋毒性的 潜在手段。在PD模型动物中,已经有很多的研究 调控EAAT2表达水平,并寻找PD治疗的潜在靶点。 CHOTIBUT等^[77]研究发现,在6-OHDA(6-hydroxydopamine hydrobromide)诱导的单侧损毁[内侧前 脑束(medial forebrain bundle, MFB)注射] PD模型 大鼠中,当EAAT2表达水平上调时,左旋多巴(levodopa, L-DOPA)诱导的运动功能障碍显著改善。 HOLMER等^[80]研究表明, MPTP(1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine)诱导的PD模型小鼠纹状 体EAAT2蛋白表达水平显著下调。ZHANG等^[81]研 究发现,在MPTP诱导的PD模型小鼠中,GLT-1的异 常泛素化会导致GLT-1蛋白表达水平显著下调和模

型小鼠出现运动功能障碍以及DA能神经元细胞丢 失。而后又有研究发现星形胶质细胞GLT-1缺失可 诱导小鼠PD表型、进行性运动缺陷和黑质DA能神 经元死亡^[82]。IOVINO等^[83]研究表明,在含有亮氨 酸重复激酶2(leucine repetitive kinase 2, LRRK2)致 病变体(G2019S)的人脑和PD模型小鼠中, EAAT2 蛋白表达水平显著下调,这与胶质细胞增生有关。 据报道, MPTP诱导的PD模型小鼠中miR-543-3p 和miR-342-3p水平的增加与GLT-1的表达量和功 能下降以及细胞外Glu的积累增加有关,抑制任一 miRNA都可以逆转PD对GLT-1表达和功能的影 响,改善PD相关行为功能障碍^[84]。近年来,关于 EAAT1与PD的研究也有相关报道。JOHNSON等^[85] 研究发现,上调EAAT1蛋白和mRNA表达水平可导 致小鼠对锰诱导的神经毒性产生抵抗。换句话说, EAAT1调节Glu的水平以抵抗神经毒性,包括发生 在PD中的神经毒性。另一项研究还表明,上调星形 胶质细胞EAAT1的基因和蛋白表达水平可降低Glu 兴奋毒性^[86]。研究发现,急性MPTP模型小鼠纹状 体EAAT1的免疫反应性和基因表达水平均降低^[80]。 EL ARFANI等^[87]研究表明, 6-OHDA损伤(MFB注

射) PD模型大鼠纹状体 EAAT1的免疫反应性和基因表达水平也降低。WU等^[84]研究发现, MPTP诱导的PD模型小鼠纹状体 GLAST蛋白表达水平显著下调。此外, LI等^[88]研究表明, 在MPTP诱导的PD模型小鼠中, 上调 EAAT1表达水平可能是 DA能神经元通过降低兴奋毒性而受到保护的潜在机制。

综上所述,纹状体星形胶质细胞EAAT1和 EAAT2的表达水平在PD中发生了改变,调节EAAT1 与EAAT2表达水平可能是PD治疗的一种新策略。

4 纹状体星形胶质细胞EAATs介导的PD 运动防治

PD中脑SNpc的DA能神经元变性丢失导致向 BG纹状体传递的DA大量减少,造成纹状体Glu能传 递显著升高,纹状体星形胶质细胞EAAT1和EAAT2 表达水平降低,最终加剧了DA能神经元丢失以及 PD进展,使得PD相关行为功能障碍进一步恶化。

4.1 EAAT2介导的PD运动防治

有关运动通过改变PD患者BG纹状体星形胶质 细胞EAAT2的表达水平来介导PD相关行为/运动功 能障碍改善的研究还未见报道,而运动通过改变PD 模型动物BG纹状体星形胶质细胞EAAT2的表达水 平来介导PD相关行为/运动功能障碍改善的研究已 有相关报道。时凯旋等^[89]研究发现,4周跑台训练干 预能够使神经毒素6-OHDA诱导的偏侧损毁(MFB 注射)PD模型大鼠纹状体GLT-1表达水平显著上调, 纹状体神经元胞外Glu浓度显著降低,阿扑吗啡诱导的旋转圈数显著降低,左侧前肢接触壁次数(圆桶实验)显著增加。FENG等^[90]研究表明,11周跑台训练干预(30米/分钟,5分钟/天,4天/周,共1周)能够使 6-OHDA诱导的偏侧损毁(MFB注射)PD模型大鼠 GLT-1 mRNA和GLT-1蛋白表达水平显著上调,平衡 木潜伏期和总时间明显缩短,前爪在金属丝上的停 留时间明显延长。SCONCE等^[91]研究发现,4周跑轮 运动能够使MPTP诱导的PD模型小鼠GLT-1表达水 平显著上调,模型小鼠运动功能障碍显著改善。综 上,运动能够通过调节EAAT2的表达水平介导PD相 关行为功能障碍的改善(表1)。

4.2 EAAT1介导的PD运动防治

有关运动通过改变PD患者和PD模型动物纹状体星形胶质细胞EAAT1的表达水平来介导PD相关行为/运动功能障碍改善的研究还未见报道,而通过药物调控BG纹状体星形胶质细胞EAAT1表达水平已显示出一定的抗PD相关行为功能障碍作用。马利芳等^[92]研究表明,复方地黄颗粒能够使6-OHDA注射损伤黑质法诱导的阴虚动风证PD模型大鼠纹状体GLAST mRNA和GLAST蛋白表达水平显著上调,模型大鼠旋转圈数显著减少,悬挂时间及移动格数显著增加。ZHANG等^[81]研究发现,雷帕霉素能够使MPTP诱导的PD模型小鼠纹状体星形胶质细胞GLAST mRNA和GLAST蛋白表达水平显著上调,模型小鼠在抓握实验和爬杆实验中的行为表现显著改

运动方案 Exercise protocol	PD动物模型 PD animal model	GLT-1表达水平的变化 Changes in GLT-1 expression levels	行为学变化 Behavioral changes	参考文献 Reference
Four weeks treadmill training	6-OHDA-induced PD model rats	GLT-1 expression level↑	Significant decrease in the number of turns and significant increase in the number of contacts of the left forelimb with the wall (barrel test)	[89]
Eleven weeks tread- mill training	OHDA-induced PD model rats	<i>GLT-1</i> mRNA and GLT-1 protein expression level↑	The latency and total time of the bal- ance beam were significantly reduced, the residence time of the forepaw on the wire was significantly prolonged, and the maximum lifting of the head and trunk was significantly increased	[90]
Four weeks running wheel exercise	MPTP-induced PD model mice	GLT-1 expression level↑	Motor dysfunction significantiy improved	[91]

表1 不同运动方案对PD模型动物EAAT2的调控 Table 1 Regulation of EAAT2 in PD model animals by different exercise regimens

↑:指标的水平上调。

↑: Up-regulated level of indicator.

善。米超等^[93]研究表明,利鲁唑能够使MPTP诱导的PD模型小鼠纹状体星形胶质细胞GLAST mRNA和GLAST蛋白表达水平显著上调,纹状体神经元胞外Glu浓度显著降低,模型小鼠转棒潜伏期、疲劳耐力时间及跑步距离均显著增加。而运动干预对PD纹状体星形胶质细胞EAAT1表达水平的影响是怎样的,这对阐释运动干预缓解PD相关行为功能障碍的神经生物学分子机制是极其重要的,未来还需要做进一步的研究。

5 纹状体星形胶质细胞EAATs介导PD运动防治的可能胞内分子机制

在PD状态下, 纹状体胞外 Glu浓度升高。Glu 与α-氨基-3-羟基-5-甲基-4-异恶唑丙酸(α-amino-3hydroxy-5-methyl-4-isoxazole propionic acid, AMPA) 受体和红藻氨酸(kainic acid, KA)受体结合后,使 Ca²⁺通道打开, Na⁺内流可导致快速兴奋性突触传递 反应,导致突触后膜部分去极化,使原来阻断N-甲 基-D-天冬氨酸(N-methyl-D-aspartate, NMDA)受体 通道开放的Mg²⁺离子移除,大量Ca²⁺内流。此外,部 分mGluRs(如mGluR1/5)也分布在皮层--纹状体突触 后膜上,且位于突触后膜上的离子通道型GluR的边 缘,可与Gq/11结合并促进多磷酸肌醇(polyphospho inositide, PI)水解, 致使 IP3和 DAG 的生成量显著 增加。DAG的生成量增加导致蛋白激酶C(protein kinases C, PKC)激活, 从而使Ca²⁺通道过度打开以及 离子型GluR磷酸化作用增强,进一步诱导Ca²⁺大量内 流,最终导致神经元胞内Ca²⁺浓度的显著上升。异常 高水平的胞内Ca²⁺激活催化酶(包括激酶、磷脂酶、 一氧化氮合酶和蛋白酶等),产生毒性自由基如超氧 阴离子和过氧化亚硝酸离子,并使CREB信号强度降 低,线粒体受到氧化损伤,膜电位丢失,ATP耗竭,进 而对神经元产生Glu兴奋毒性作用,并最终使正常BG 功能破坏而导致PD相关行为功能障碍(图2)^[94]。

在轴突中, Glu储存在突触囊泡中。在充分去极 化后, Glu通过电压门控Ca²⁺通道的突触释放, 从而导 致突触Glu浓度显著升高。II组mGluRs(mGluR2/3)定 位于皮层--纹状体突触前末梢^[95-96]。mGluR2/3的激 活或者上调能够调控EAAT1和EAAT2表达水平^[97-98]。 Glu与突触后的NMDA和AMPA受体结合, 刺激Na⁺和 Ca²⁺流入神经元^[99-100], 导致突触后膜部分去极化和动 作电位的产生, 这时EAAT1和EAAT2迅速将Glu从突 触间隙中清除,以防止Glu受体受到过度刺激,突触 周围星形胶质细胞的Glu将被谷氨酰胺合成酶转化 为谷氨酰胺(Glutamine, Gln),之后Gln会转移到神经 元,然后Gln转化为Glu,Glu再被囊泡Glu转运体摄取 到突触囊泡中^[101](图1)。而已有研究发现,跑台运动 可使PD模型动物纹状体mGluR2/3的mRNA和蛋白表 达水平显著上调,纹状体神经元胞外Glu浓度显著降 低,PD相关行为功能障碍显著改善^[21-22]。

综上,运动可能一方面通过上调*GLT-1* mRNA 和GLT-1蛋白表达水平,使得EAAT2清除突触间隙高 浓度的Glu,降低PD纹状体神经元胞外Glu浓度;另一 方面可能通过上调定位于皮层纹状体突触前末梢的 II组mGluRs(mGluR2/3)的mRNA和蛋白表达水平,致 使星形胶质细胞*GLAST* mRNA和GLAST蛋白表达水 平上调,使得EAAT1清除突触间隙高浓度的Glu,最 终降低Glu兴奋性神经毒性,重建BG功能并改善PD 相关行为功能障碍。

6 结语和展望

纹状体星形胶质细胞EAATs表达水平在PD中 发生了改变,对于PD的发生和进程展现出重要的作 用。总的来说,PD纹状体星形胶质细胞EAATs表达 水平显著下降,导致Glu再摄取量减少,突触间隙Glu 浓度显著升高,造成Glu兴奋毒性作用,并使BG功能 紊乱以及PD相关行为功能障碍进一步恶化,从而加 重了PD病理状况,加快了疾病的进程。

运动干预作为PD的一种辅助治疗手段,显著 改善了PD患者和PD模型动物相关行为功能障碍。 这一积极的影响效应可能一方面通过上调GLT-1 mRNA和GLT-1蛋白表达水平,降低PD纹状体神经 元胞外Glu浓度;另一方面可能通过上调mGluR2/3 的mRNA和蛋白表达水平,从而导致纹状体星形胶 质细胞GLAST mRNA和GLAST蛋白表达水平上调 来介导的。而这仍需要做进一步的研究来证实。因 此,探索运动对PD纹状体星形胶质细胞EAATs表达 水平的影响可能是未来防治PD新的关注点。

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图2 PD纹状体内Glu兴奋性毒作用启动胞内一系列信号级联反应(根据参考文献[94]修改) Fig.2 Excitotoxicity of Glu in PD striatum initiates a series of intracellular signaling cascades (modified from the reference [94])

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