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R环形成的调控机制及其生物学意义

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摘要 R环(R-loop)是由一条DNA:RNA杂交链和一条被置换出的单链DNA组成的三链核酸结构, 通常在转录过程中形成。R环在基因调控、端粒稳定、DNA复制以及组蛋白修饰等方面都发挥着重要作用。越来越多的研究表明, 它们还是复制压力的重要来源, 过多的R环累积会造成DNA损伤以及基因组不稳定。此外, R环与许多人类疾病包括神经紊乱、癌症和自身免疫疾病等有关。鉴于R环的重要生理功能及其与疾病的潜在关系, 该文重点总结了R环的形成机制、生理功能及R环在基因转录调控和基因组不稳定性中的作用, 并讨论了R环调控异常与疾病之间的关系。

关键词 R环; DNA:RNA杂交链; DNA损伤; 基因组不稳定性; 癌症

The Regulation of R-Loop Formation and Its Biological Implications

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Abstract R-loop is a three-stranded nucleic acid structure consisting of a DNA:RNA hybrid and a displaced single-stranded DNA. It is generally formed during transcription, and plays vital roles in regulating gene expression, DNA replication, DNA damage response, and genome stability. Although R-loop has been implicated in many biological processes, aberrant accumulation of R-loop is one of the major sources of replication stress that threatens genome integrity. Recent evidence suggests that R-loop is involved in many human diseases, including neurological disorders, cancer, and autoimmune diseases. Given the importance of R-loop in physiological and pathological processes, this review summarizes the mechanism of R-loop formation and its biological functions, and also discusses the relationship between R-loop dysregulation and human diseases.

Keywords R-loop; DNA:RNA hybrid; DNA damage; genome instability; cancer

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R环(R-loop)是一种由转录过程中新生的RNA链与模板DNA链结合形成的DNA:RNA杂交链,以及游离的单链DNA(single-stranded DNA, ssDNA)构成的三链核酸复合物^[1]。近年来, R环在基因转录调控和DNA损伤修复等过程中都发挥着重要作用因而备受关注^[2-3]。一般来说, R环形成于RNA聚合酶的后侧,其长度可超过1 Kb^[4-5]。根据R环在体内的功能可分为两类,即“生理性”和“病理性”R环。“生理性”R环通常需要特定的因素诱导形成,并在其发挥功能的特定区域进一步增多,主要过程包括B细胞中的体细胞超突变、免疫球蛋白类转换重组、DNA复制、CRISPR-Cas9活性、转录起始和终止的调控、端粒稳态等^[6-7]。然而,过多R环在体内累积可能会干扰DNA复制、转录和修复,从而破坏基因组的完整性并与疾病发生发展相关,这称为“病理性”R环。机体存在着不同的机制来防止或消除此类R环。

1 R环的形成与调控

R环的形成受基因组DNA序列特征或结构特征等因素的调节,这些因素包括:有R环倾向的DNA序列^[8-11],非模板DNA链发生断裂^[12-13],负超螺旋结构^[14],非典型的DNA结构^[15-17]。它们独立性或协同性地促进新生RNA和DNA模板链的结合。若RNA的5'端附近含有四个及以上连续的鸟嘌呤(guanine, G), R环的形成率会显著提高^[18]。此外,其他因素也可以影响R环的形成,例如在转录泡后面出现的负超螺旋结构也会增加新生RNA和模板链结合的概率^[19]。有趣的是,距离转录起始位点越远, R环出现的概率就越低^[12]。最有可能的原因是,较长的RNA“尾巴”形成了高级结构或者被蛋白质复合物所保护,在空间上阻碍RNA侵入DNA双链。尽管已经有大量的相关研究,但转录过

程中R环形成的实际概率和调控机理还有待深入研究。

R环通常富集于基因启动子区未甲基化修饰的CpG岛和转录终止区域^[20]。细胞内存在多种蛋白质机器负责消除异常积累的R环,进而维持转录泡的完整性和转录的保真性^[21-23]。如: RNA酶RNase H1和RNase H2利用其核酸内切酶活性将DNA:RNA杂交链中的RNA水解^[24]。除RNase H1/2外,多种解旋酶如DHX9^[25]、AQR^[26]、和SETX^[26-27]及染色质重塑复合物(表1)等,也可以参与DNA:RNA杂交链解旋。此外,哺乳动物的加帽酶会结合磷酸化的RNAPII,从而促进R环的形成^[28]。

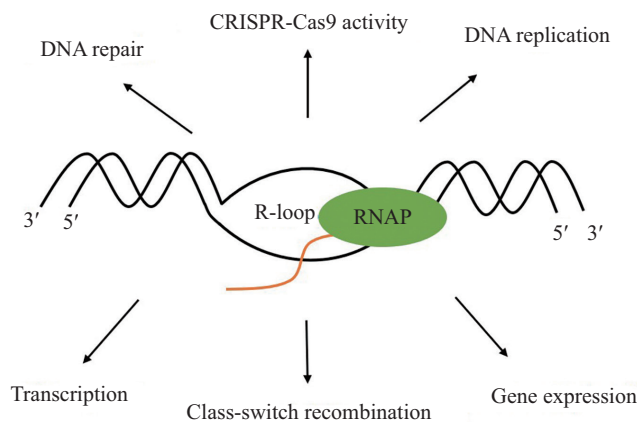
2 R环的生理功能

目前研究揭示, R环可以调控多种生理活动(图1),包括:免疫球蛋白抗体类型重组(immunoglobulin class switch recombination, CSR)^[10], CRISPR-Cas9活性^[44],在线粒体DNA、细菌质粒和噬菌体中调控DNA复制过程^[6]。DDX1解旋酶可以结合在免疫球蛋白重链(immunoglobulin heavy, IgH)可变(switch, S)区转录产物的G四链体(G-quadruplex, G4)结构上,促进RNA与DNA的杂交,为胞嘧啶核苷脱氨酶(activation-induced cytidine deaminase, AID)提供可靶向的ssDNA底物,进而促进CSR^[39]。

在基因转录调控过程中,长链非编码RNA(long non-coding RNA, lncRNA)可以通过促进R环的形成来诱导转录^[45]。在芽殖酵母(*S. cerevisiae*)中的研究发现, GAL基因簇相关的lncRNA(GAL lncRNA)会在GAL基因簇中形成R环,其中DEAD-box RNA解旋酶Dbp2可以通过调控该DNA:lncRNA杂交链,提高基因转录活性。参与调控细胞和组织完整性的VIM(vimentin)基因在多种癌症中表达上调,有研究

表1 DNA:RNA杂交链调控因子
Table 1 Factors involved in DNA:RNA hybrid

相关因子 Factors	功能 Function
SETX ^[26] , THO complex ^[5] , capping enzyme ^[28] , WDR33 ^[29] , XRN2 ^[30]	Transcription and mRNA processing
Fanconi anemia pathway (FANCM, FANCD2) ^[17] , BRCA1 ^[31] , BRCA2 ^[31] , XPG ^[32] , XPF ^[32] , CtIP ^[33]	DNA repair
FACT complex ^[34] , SIN3A ^[35] , SNF2 ^[36]	Chromatin remodelers
RNase H1 ^[24] , RNase H2 ^[24]	Ribonucleases
DHX9 ^[25] , SETX ^[26] , AQR ^[26] , DDX23 ^[37] , DDX19 ^[38] , DDX1 ^[39] , DDX21 ^[40] , BLM ^[41] , RECQL5 ^[42]	Helicases
TOP1 ^[43] , TOP2 ^[43]	Topoisomerases



RNAP: RNA聚合酶。
RNAP: RNA polymerase.

图1 R环的生理作用(根据参考文献[22]修改)

Fig.1 Physiological roles of R-loops (modified from reference [22])

表明 *VIM* 的表达受制于反义 lncRNA *VIM-AS1* (*VIM antisense RNA 1*) 在 *VIM* 启动子区域和转录起始位点 (transcription start site, TSS) 形成的 R 环^[46]。此外, 反义 lncRNA *TARID* (*TCF21 antisense RNA inducing demethylation*) 与抑癌基因 *TCF21* 的启动子区 DNA 形成 R 环, 应激反应蛋白 *GADD45A* 与之结合后招募甲基胞嘧啶双加氧酶 *TET1*, 诱导局部 DNA 去甲基化进而活化 *TCF21* 的表达^[47]。

R 环不仅可以在基因启动子区调控转录活化, 还可以于 G-rich 区域富集终止 RNA 聚合酶 II (RNA polymerase II, RNAPII) 的延伸。在该过程中, 解旋酶 *SETX* 作用于 poly(A) 下游的 R 环^[48] 并与 Tudor 结构域蛋白 *SMN* 相互作用, 允许 *Xrn2* 核酸外切酶和终止因子的进入, 从而去除这些 R 环^[49]。SMN 通过识别 RNAPII 的 C 末端结构域 (carboxy-terminal domain, CTD) 的精氨酸二甲甲基化修饰进而募集 *SETX*^[50]。然而, 这种机制的普适性如何, 尚不清楚。G-rich 终止区上的 R 环也会诱导反义转录, 形成双链 RNA 并募集核酸酶 *DICER*、*AGO1* 和 *AGO2* 等 RNA 干扰 (RNAi) 因子, 导致转录终止^[51]。

3 R环与基因组稳定性

3.1 R环阻碍复制叉进程

由于转录和复制共享相同的 DNA 模板, 当复制复合体遇到转录机器时, 会导致转录-复制冲撞 (transcription-replication collisions, TRCs)。当复制和转录对向进行时, 产生的对向转录-复制冲撞 (head-

on transcription-replication collisions, HO TRCs) 可以诱导 R 环生成, 阻碍复制叉前进, 导致复制压力和 DNA 损伤^[52-53]。过表达 *RNase H* 可以显著减少 TRCs 引起的 DNA 损伤, 并恢复复制叉进程^[54-55], 这表明 R 环干扰了复制过程。范可尼贫血信号通路中的 *FANCA* 和 *FANCD2* 通常作用于复制叉来调控链内交联, 可以抑制 R 环的形成进而减轻 TRCs 造成的损伤。此外, *FANCM* 可以利用其转位酶活性直接消除 R 环^[56-57]。相反, 当复制和转录同向进行时, 共向的转录-复制冲撞 (co-directional transcription-replication collisions, CD TRCs) 则会减少 R 环的累积, 基因组对这种冲撞具有更大的承受性^[58-59], 表明机体对不同方向 TRCs 的调控机制存在差异。

3.2 R环与转录调控

基因启动子区域的 R 环可以促进部分基因转录, 但 RNA 聚合酶的过度停滞或回溯引发的 R 环, 可能延缓转录从而引起细胞损伤^[60]。这种转录应激不良状态伴生的 R 环, 在细胞中存在时间较短, 没有持续足够长的时间来阻碍 RNA 聚合酶。但是, 它们可能会建立瞬时招募平台, 通过下游效应因子引发转录应激^[7]。在不同染色质环境下, R 环差异性调节转录活性的分子机制还有待进一步探究。

目前有研究发现, 同源重组修复因子 *BRCA1* 和 *BRCA2* 也参与调控转录过程中生成的 R 环^[61-63]。*BRCA1* 通过将解旋酶 *SETX* 招募到终止位点来消除 R 环, 从而防止 DNA 损伤和突变。反之, R 环的形成也会使 RNAPII 停滞从而阻隔 *BRCA1* 和 *BRCA2*, 导

致R环进一步积累造成DNA损伤^[64]。这提示, BRCA参与转录相关R环的识别和消除可能存在精密的负反馈调控机制。

转录阻断诱发的DNA损伤, 可以激活转录偶联核苷酸切除修复(transcription-coupled nucleotide excision repair, TC-NER)途径。但由于R环比典型的阻断损伤更大, TC-NER中的核酸酶XPG和XPF切除阻碍转录的R环, 留下一个ssDNA缺口, 该缺口可进一步发展为DNA双链断裂(double strand break, DSB)^[22,26,32,63]。近期研究发现, XPG和XPF可以通过这种机制消除酵母细胞和哺乳动物中的R环^[32,65]。虽然该切除方式可能会导致DNA损伤, 但它仍是调控R环和修复DNA损伤的有效方法。

3.3 R环与DNA损伤应答

虽然R环具有多种生理作用, 但R环也是造成DNA损伤的一个主要的来源, 大多数损伤来自于体内异常积累的R环^[66]。例如, 在酵母中HO TRCs是一种导致DNA损伤的主要R环形式^[67]。在人类细胞中, HO TRCs也已被证明会促进R环进一步累积, 进而破坏复制进程, 严重威胁基因组稳定性^[58]。细胞自身接受R环的量可能存在一个临界阈值, 当细胞内R环的量达到该阈值时, 体内消除R环的途径会达到饱和状态^[7]。这可能会导致R环在体内异常持续增加并影响复制或转录过程, 进而影响基因组稳定性。

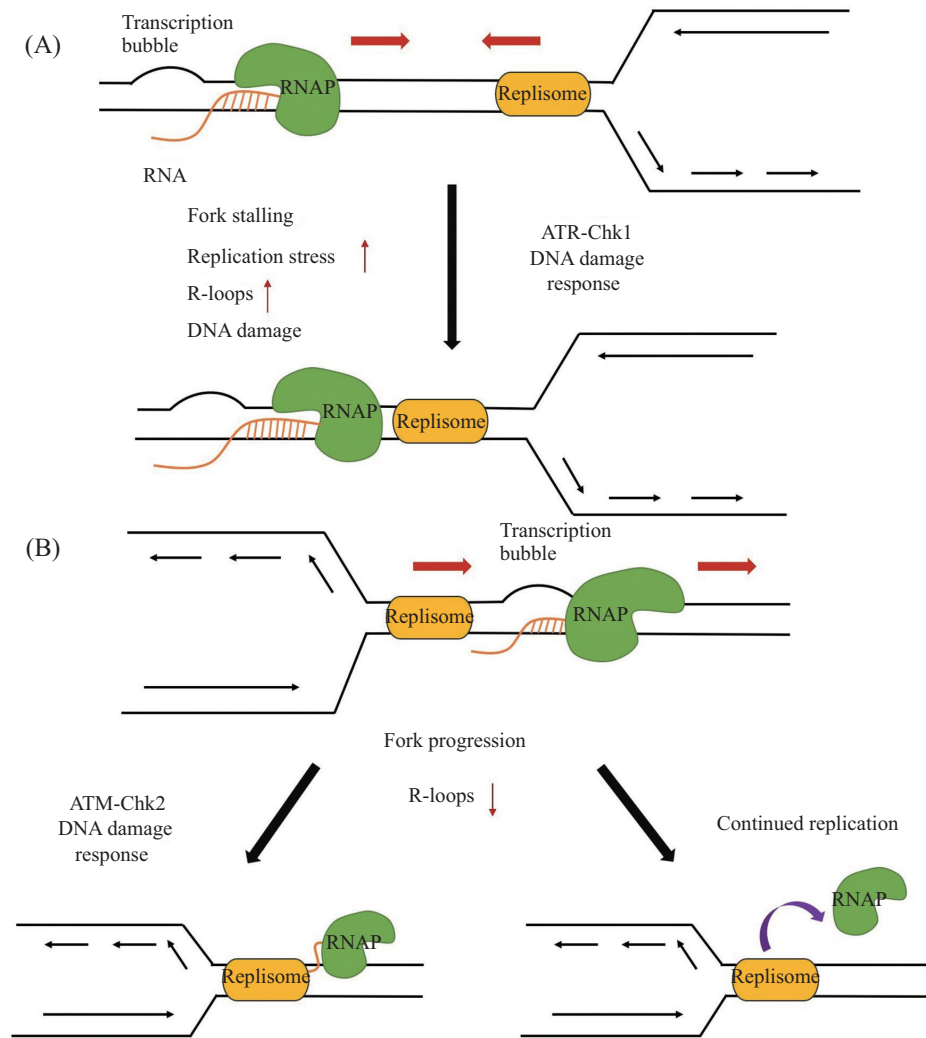
ATR和ATM蛋白激酶作为DNA损伤应答(DNA damage response, DDR)和维持基因组稳定性的关键激酶, 分别参与调控复制叉停滞产生的复制压力和DSB^[68-69]。复制叉停滞可以激活ATR信号通路, 复制叉崩溃产生的DSB则进一步活化ATM信号通路^[22,69]。然而, 并不是所有的R环诱导的复制压力都可以同时激活ATM和ATR。例如, 由剪接因子突变引起的R环累积造成的复制压力仅激活ATR信号通路^[70]。此外, 最新研究表明, HO TRCs可以特异性激活ATR(图2A), 而CD TRCs则特异性激活ATM^[58](图2B)。不同情况下, R环选择性激活ATR或ATM信号通路的机制有待进一步研究。ATM的激活可能发生在R环异常积累产生DSB时, 或者是在通过移位的ssDNA缺口进行复制时。在细菌中, 同向碰撞时RNA聚合酶的回溯会导致R环介导的DSB^[71], 真核生物中也可能存在类似的机制^[58]。R环上停滞的复制叉可以通过将复制蛋白A(replication protein A, RPA)招募到复制叉处暴露的ssDNA上从而激活ATR^[7]。然而, 其他ATR

激活途径也可能存在。例如, R环中游离的ssDNA, 也可以被RPA包被^[72]。近期研究发现, 在有丝分裂过程中, ATR由R环激活, 而不受着丝粒DNA损伤的影响, 从而促进染色体分离^[73]。此外, ATR和ATM的激活可以促进解旋酶SETX向TRCs的募集^[74]; ATR的激活会使解旋酶DDX19入核, 在核内解开DNA:RNA杂交链, 以减轻TRCs^[38]。

3.4 R环与DNA双链断裂

虽然R环是造成DNA损伤的一个潜在原因, 但也有研究表明, DNA:RNA杂交链可以在DNA损伤后形成。这些DNA:RNA杂交链既存在于转录起始位点^[75], 也可以由DNA末端剪切后的ssDNA产物和新生RNA杂交形成^[76]。DNA:RNA杂交链能够以多种方式影响DSB修复, 例如该结构可能阻碍损伤修复因子在DSB位点的募集, 或影响DSB附近染色质结构从而抑制修复^[24,77]。相反, R环也可能促进DSB修复^[75], R环的过度去除会降低DSB修复的两条主要途径即同源重组(homologous recombination, HR)和非同源末端连接(non-homologous end joining, NHEJ)的修复效率^[7,78-79]。

R环调控DSB修复的方式之一是影响DNA末端切除效率。在酵母中, R环的形成防止了DSB末端过度切除, R环的去除需要DSB应答过程中ssDNA有效地与RPA结合^[75]。此外, 酵母中末端剪切因子SAE2及其同源基因*CtIP*被证明可以促进R环的解开^[33]。相反, 人类细胞中的DNA:RNA杂交链可以增强切除能力^[78]。有趣的是, R环会促进一种特殊形式的HR: 转录相关的同源重组修复(transcription-associated homologous recombination repair, TA-HRR)。在TA-HRR过程中, DNA:RNA杂交链可以在DSB位点招募Rad52, 促进XPG介导的R环消除进而启动后续的HR修复过程^[32]; 若TA-HRR活性降低, DSB修复则倾向于选择NHEJ途径, 导致基因组稳定性降低。一种更为普遍的调节机制是, DSB附近的转录产物与HR过程中的重要三链DNA结构D-loop(displacement loop)形成由重组因子RAD51相互作用蛋白1(RAD51 associated protein 1, RAD51AP1)所驱动的DR-loop, 该结构可以促进RAD51的重组活性, 提高HR修复效率^[79]。DNA:RNA杂交链也可能有助于另一种以RNA为替代模板形式的HR过程。在此过程, 同源RNA分子被用来代替DNA作为DSB修复的模板^[80-81]。以上研



A: 当复制与转录方向相向时, 会发生对向转录-复制冲撞(HO TRCs), R环积累产生复制压力并激活ATR-Chk1信号通路。B: 当复制与转录方向相同时, 会发生共向转录-复制冲撞(CD TRCs), R环水平降低并激活ATM-Chk2信号通路。向上的红色箭头: 增加; 向下的红色箭头: 减少。
A: the ATR-Chk1 DNA damage signaling pathway is activated by HO TRCs (head-on transcription-replication collisions). B: co-directional collisions trigger the ATM-Chk2 DNA damage checkpoint. Upward red arrow: increase; downward red arrow: reduce.

图2 对向和共向转录-复制冲撞调控R-环的模型(根据参考文献[58]修改)

Fig.2 Model for head-on and co-directional transcription-replication conflicts regulating R-loop (modified from reference [58])

究提示, R环可以通过不同的机制调控HR修复, 但调控方式的选择性和特异性还需深入探索。

4 R环与疾病

4.1 癌症

癌症是一种复杂且多样化的疾病, 许多癌症表现出高水平的DNA突变和DNA损伤^[82]。R环在转录过程中形成, 在调控异常时会导致DNA损伤, 影响基因组稳定性, 这提示了癌症与R环之间的潜在联系。在高水平雌激素刺激的乳腺癌细胞中, R环积累并驱动了DNA损伤的产生^[55]。RAS原癌基因的突变同样会导致R环的积累, 并造成DNA损伤和复制压

力^[54]。

同源重组修复因子BRCA1和BRCA2驱动的信号通路有缺陷时也会诱导R环介导的DNA损伤, 这些R环的积累被发现与小鼠乳腺肿瘤的发生有关^[83]。一些癌症诱发因素也会导致BRCA功能不全, 从而导致R环调控异常, 且R环自身也会干扰BRCA的功能。在尤文氏肉瘤患者细胞中, EWSFLI融合蛋白诱导形成的R环阻断了BRCA1的功能, 使这些癌细胞中BRCA1单倍剂量不足, DNA修复无法正常进行。

R环可以通过诱导DNA损伤的方式对癌细胞施加选择压力。在对白血病骨髓增生异常综合征的研究中发现, 许多剪接因子的突变都可以诱导R环的

形成, 这些R环会激活ATR并影响细胞增殖, 在这种压力下仍能增殖的细胞最终可能会发生癌变^[70]。针对癌症中R环的调控异常进行特定治疗, 可能是治疗某些难治性肿瘤的一种有效方法。例如, 在滑膜肉瘤细胞中, 抑制ATR可使肿瘤细胞中R环积累, 增加其对化疗的敏感性^[84]。

最近有研究表明, 基因组不稳定性和DNA损伤也会触发先天免疫和炎症反应通路, 特别是通过激活cGAS-STING途径^[85]。由致癌刺激导致的R环是诱发DNA损伤的主要来源之一, 癌细胞中R环的形成可能直接激活固有免疫应答^[85]。cGAS-STING的激活对抗肿瘤免疫至关重要。然而, cGAS-STING介导的炎症反应也可能会促进某些肿瘤的生长和转移^[85]。因此, R环是如何影响cGAS-STING和其他先天免疫信号通路的, 同样需要进一步探究。

4.2 神经紊乱性疾病

R环还与一些神经系统疾病相关, 在扩展的三核苷酸DNA重复序列上形成的R环与某些神经疾病相关基因的转录抑制有关, 包括弗里德赖希共济失调(Friedreich's ataxia)和脆性X综合征(fragile X syndrome)^[86-87]。在这种类型的疾病中, R环的形成仅限于扩展的三核苷酸, 并主要影响含重复序列的基因^[88]。解旋酶SETX的突变存在于多种神经系统疾病中, 包括II型精神性视觉失明共济失调(ataxia-ocular apraxia type 2, AOA2)和IV型肌萎缩性(脊髓)侧索硬化(amyotrophic lateral sclerosis type 4, ALS4)。AOA2患者细胞中, R环水平升高^[89], 但这与SETX的功能是否相关还有待研究。虽然R环水平的升高通常与疾病相关, 但R环水平降低也可能是病理性的。在ALS4患者细胞中发现, SETX解旋酶功能的增强使负调控TGF- β 的基因启动子处R环水平降低、甲基化增加, 进而导致了ALS4患者细胞TGF- β 信号异常, 最终诱发神经元功能障碍和死亡^[90]。

4.3 自体免疫性疾病

R环失调在自身免疫性疾病中也发挥着重要作用。Aicardi Goutieres综合征(Aicardi Goutieres syndrome, AGS)是一种罕见的炎症性疾病, 通常由核酸酶TREX1、SAMHD1或RNase H2突变引起。这些核酸酶的突变, 可导致核酸在细胞质内积累、激活cGAS-STING和干扰素应答通路, 引发机体发生炎症反应^[91]。一方面, AGS细胞中的R环水平升高, 可能改变了基因表达或重新激活了逆转录因子^[92]; 另一方面, AGS细胞

中R环诱导的停滞复制叉处产生的DNA片段可能被释放到细胞质中。两者共同参与了cGAS-STING和干扰素应答通路的激活^[93-94], 最终导致AGS的发生。

5 总结与展望

大量实验证据表明, R环的生成和消除依赖于蛋白质机器的协同性和精密性调节。RNase H作为核酸内切酶广泛参与了R环的消除, 我们非常好奇细胞内是否存在核酸外切酶可以降解R环中的RNA。R环在许多基于染色质的生理活动中发挥着重要的功能, 同时它们也是DNA损伤和基因组不稳定性的来源。当前, R环形成的分子机制及对基因组稳定性的影响已引起广泛关注。尽管关于R环与复制压力应答的关系已经相对清楚, 但R环是否可以直接影响ATR激活或在空间上与复制压力应答机器产生联系, 还有待深入研究。围绕这些科学问题的研究可以更好地理解R环的生理和病理功能, 加深我们对相关疾病机理的认识。

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